

Peak Military Care Network Fall Update



September 2016

Message from the CEO



I would like to thank all the PMCN partner agencies for the tremendous work they do to support service members, veterans and families. Since 2012, PMCN has been building and expanding our network of partner agencies that provide benefits and financial assistance, family supports, employment and reintegration services, recreation, education, health care, behavioral health and much more. And because these agencies work together, when someone seeks assistance from one of our partners, they can be assured that they have access to all the services available through the network to meet their needs. As we focus on suicide prevention in September and domestic violence prevention in October, our collaborative network is a critical component to improving lives. PMCN has also added new staff members and new capabilities through our Network of Care website to better assist our partners and connect our military and veteran community. We look forward to a busy and productive Fall! - Kate

PMCN Staff

Welcome

Fall is upon us, bringing crisp air, new colors and smells, and for PMCN, fresh faces! The Peak Military Care Network is excited to welcome two new staff members to the PMCN team: Tammi Tiefel, Program Coordinator, and Amanda Nurmi, Community Outreach Coordinator.



In addition, we are pleased to announce the newest members of the PMCN partner agencies: Family Care Center, Freedom Service Dogs, Give an Hour, Operation Homefront and Colorado Employer Support of the Guard and Reserve.

We now have a total of 36 partner agencies, ranging from behavioral health services to veteran employment services.

September is Suicide Prevention Month

Suicide Prevention Month is a time to spread awareness, hope and encouragement to those suffering from suicidal thoughts, families of those who have lost their lives to suicide and those who provide support. This month is a time to remind our community to be aware and lend a helping hand when possible to friends, family or colleagues.



Here at Peak Military Care Network we have partnered with **several agencies** who can provide support to our community's Veterans, being in the top 0.1% of risk for suicide, according to the **United States Veterans Affairs Office**.

If you are a service member, veteran or know of a veteran/ service member showing signs of suicidal behavior, please contact the Military Crisis Line: 800-273-8255 for 24/7 crisis support.

PMCN's Newest Partner Agencies

Update



Tammi Tiefel:
Program Coordinator
719.577.9018
ttiefel@pmcn.org

Tammi Tiefel and her family moved to Colorado Springs in 2013, when her husband received orders to move here from Virginia. Tammi has been helping military and veterans who are in financial crisis for over 5 years. In Virginia, she was a level 3 Case Worker with the Navy Marine Corps Relief Society. She also was an AmeriCorps Navigator in the Hampton Roads area, helping connect veterans to local support organizations. Prior to working with veterans, Tammi's background was in Montessori education both teaching and in administration. With a degree in Sociology, Tammi has research and analysis experience with social service networks. As a military spouse of 16 years and mother of 2 teenagers, Tammi has experience working with varied military resources.



Amanda Nurmi:
Community Outreach Coordinator
719.577.9016
anurmi@pmcn.org

Amanda Nurmi recently moved to Colorado Springs from Northern Virginia. She received her B.A. in Communication Studies from Longwood University in Farmville, VA and has been working in the communications and marketing world for the past three years. She is excited to engage with the Colorado Springs military

- **Family Care Center** specializes in behavioral healthcare for the active and retired military member and their family. Programs and services have been designed to meet the many needs of the family with interventions for children, adolescents, and adults. Levels of care range from outpatient trauma care, outpatient therapies, and group and community support.
- **Freedom Service Dogs** (FSD) is a non-profit organization that enhances the lives of people with disabilities by rescuing dogs and custom training them for individual client needs.
- **Give an Hour** provides anonymous, free, unlimited mental health care for military, veterans and loved ones through a network of licensed mental health counselors across the nation. Service is also available to those who may not be eligible for services through Veteran's Affairs or DOD systems- including all Reserve Components, Non-deployed or dishonorably discharged, loved ones such as friends or distant relatives.
- **Operation Homefront** provides emergency financial and other assistance to the families of service members and wounded warriors. Grants provided through online application at www.operationhomefront.net.
- **Colorado Employer Support of the Guard and Reserves (ESGR)** is a Department of Defense office, led and operated by dedicated volunteers and staff whose mission is to gain and maintain employer support for Guard and Reserve service members by increasing awareness of applicable federal labor law, resolving conflicts through mediation, recognizing outstanding support and developing initiatives to increase employment opportunities for Guard and Reserve military service members and veterans.



See full list of PMCN's partner agencies [here](#).

Interested in becoming a partner agency? Contact **Kate Hatten**, CEO.

What's New on the Network of Care?

The Network of Care is a great resource for military service members, veterans and their family to utilize when searching for resources in our community.



PMCN has added a contact form to each page of the network to allow users to send direct messages to us if they cannot find what they are specifically looking for. This function gives people the opportunity to get personalized help in an efficient way.

community and help connect need to resource.

[Click here to explore the Network of Care.](#)

What PMCN Has to Offer:

The new PMCN Program Coordinator, Tammi Tiefel, is available to come to your organization to give you a briefing on what PMCN is doing and how our organizations can collaborate. If you would like to schedule a meeting or chat please contact Tammi at ttiefel@pmcn.org.

Join Our Mailing List!



PMCN Website | Network of Care

Access to PMCN information and assistance is available via telephone Monday through Friday, 8:00am-5:00pm by calling 719-955-0742. Information on resources and services is also available 24/7 through our Network of Care website <http://pikespeak.co.networkofcare.org/veterans/index.aspx>